



Ida Lewis Distance Race

AUGUST 21, 2009

NOTICE OF RACE

The Officers and Members of the Ida Lewis Yacht Club invite you to participate in the fifth Ida Lewis Distance Race starting Friday, August 21st 2009.

The start will be in the East Passage of Narragansett Bay with the first Warning Signal at 1500.

This race is a 2009 Gulf Stream Series event (IRC), and a qualifying event for the Northern Ocean Racing Trophy (NORT) (IRC), the Double-Handed North Ocean Racing Trophy (DNORT) (IRC) and the New England Lighthouse Series (PHRF). Details of these series can be found at www.stamfordyc.com.

Race headquarters will be located at the Ida Lewis Yacht Club, Wellington Avenue Newport, RI and manned throughout the course of the race. The phone number for the ILYC dock office is (401) 846 1969

1. RULES: The Racing Rules of Sailing 2009-2012 will apply except as any of these are altered by this Notice of Race, by the Sailing Instructions, and any subsequent amendment.

1.1 For IRC boats - IRC Rules Parts 1, 2 and 3 shall apply. Furthermore, accordance with IRC Rule 26.6.2.2 a boat may carry one more spinnaker than shown on her current IRC certificate of area not greater than rated SPA without an increase in rating.

1.2 For PHRF divisions - the current PHRF Regulations of the Narragansett Bay PHRF Association.

1.3 FOR ALL BOATS, the Minimum Equipment Recommendations for category 3 of the International Sailing Federation Special Regulations Governing Offshore and Oceanic Racing. "Category 3", including US SAILING Prescriptions shall apply.

2. ELIGIBILITY: The ILYC Distance Race is open to the following boats:

2.1 SINGLE HULLED VESSELS with a minimum LOD of 28 feet with auxiliary power, boats racing under PHRF shall also have a rating of 128 or lower;

(a) Mini Transat class boats are eligible to enter, subject to their complying with the specific safety requirements noted in this Notice of Race and are exempt from the above LOA. The Mini Transat class boats will start with and sail the same course as the Double-Handed boats.

2.2 DOUBLE-HANDED class must meet the specific safety requirements noted in this Notice of Race.

(a) Handicap Ratings – Double-Handed entries will sail with PHRF NB ratings, administered by the handicap review committee of PHRF NB. The finishing position in the Double-Handed class(es) in the regatta will be determined based on PHRF. Double-Handed boats wishing to qualify for the DNORT may submit current IRC certificates and will be scored as IRC in addition to PHRF.

(b) Radar Reflectors - Radar Reflectors are to be used at all times during the race on Double-Handed entries.

2.3 In addition, a boat must be owned by a member of US Sailing, ISAF, or a yacht club affiliated (directly or indirectly) with one or more of those associations.

3. SAFETY: Boats must comply with the 2008-2009 ISAF Offshore Committee Special Regulations, Race Category 3 Monohulls, including US SAILING prescriptions or other standards listed in this Notice of Race.

3.1 It shall be the sole and inescapable responsibility of the owner and master of each boat to declare that she is seaworthy in hull, rig and gear and that she is properly equipped and competently manned and sailed.

3.2 Boats must carry sufficient fuel aboard at the start to provide a cruising range under power of 75 nautical miles.

3.3 A Finish Declaration and Participant Waiver will be provided to each entrant. The Race Committee must receive the Participant Waiver signed by all crew members by 1200 hrs on August 21, 2009.

3.4 Some means must exist for supporting the boom in the event of a sudden failure of the mainsail. Topping lifts or solid vang are acceptable for this purpose.

4. ENTRIES: The Entry form is available and should be completed online via links from the Ida Lewis Long Distance Race web site, www.ILDistancerace.org. Entries should be received no later than August 7th 2009. Entries received after August 7th will be subject to a **\$50** late fee,

entries received after August 14th will be subject to an **\$100** late fee. For last minute entries, entry forms will be available at the Ida Lewis Dock office prior to the Skippers' Meeting.

4.1 A valid PHRF (Narragansett Bay PHRF) or IRC certificate and the entry fee of \$210 must accompany the Entry Form for US Sailing Members, \$225 for non-members (subject to an additional \$50 or \$100 late fees as appropriate). **No refunds will be given after August 7, 2009.**

5. CLASSES:

5.1 A valid IRC rating certificate must be on file with the Ida Lewis Yacht Club Race Committee by 1730 on August 20, 2009. No alteration of a boat's TCC will be permitted after this date, except as a result of a rating protest, or to correct rating office errors.

5.2 PHRF Boats will be scored based on ratings assigned by PHRF association of Narragansett Bay.

5.3 A valid signed PHRF Certificate or a special event rating application must be on file with the Ida Lewis Yacht Club Race Committee and the PHRF association of Narragansett Bay by 1730 on the 20th of August 2009.

5.4 PHRF Spinnaker and Cruising Spinnaker Divisions. Special classes will be formed at the discretion of the Race Committee. Cruising Spinnaker Classes must have 4 or more entries. Classes will be formed under the divisions based upon the number of entries. Cruising Spinnaker class will be defined as full crewed PHRF vessels racing with not more than one headsail rigged on a roller furler and either one conventional spinnaker flown from a conventional spinnaker pole or one asymmetric spinnaker tacked on the bow.

6. COURSE 1-The Montauk Course-

Start – East Passage Narragansett Bay, south of Rose Island	
R"2" QR Whistle, Brenton Reef	to port
RW"SR"MoA Whistle, south of Sachuest Point	to starboard
RW"MP" MoA WHIS, Montauk Point	to port
R"2" Fl R 4 sec WHIS, No Man's Land	to port
Buzzards Bay Tower Fl 2.5 sec Horn	to port
RW"MP" MoA WHIS, Montauk Point	to starboard
Finish – off Ida Lewis Yacht Club	Distance 177 nm

7. COURSE 2 –Block Island Course

Start – East Passage Narragansett Bay, south of Rose Island	
R"2" QR Whistle, Brenton Reef	to port
RW"SR"MoA Whistle, south of Sachuest Point	to starboard
RW"MP" MoA WHIS, Montauk Point	to port
R"2" Fl R 4 sec WHIS, No Man's Land	to port
"Buzzards" Fl 2.5 sec Horn	to port
RW"A" MoA WHIS, SE of Block Island	to starboard
Finish – Off Ida Lewis Yacht Club	Distance 150 nm

8. SAILING INSTRUCTIONS: A representative from each boat shall report to the Administration desk located at the Ida Lewis Yacht Club between the hours of 1700-1800 hrs on Thursday August 20th to register their vessel and receive the sailing instructions, skipper's packets, and scratch sheets.

8.1 Sailing instructions will also be available on the Ida Lewis Yacht Club website (www.ilyc.org).

9. AWARDS: Awards will be presented to the 1st, 2nd, and 3rd corrected finishers in each class as well as perpetual trophies for overall division winners and 1st yacht to finish.

9.1 Trophies will be presented at the awards ceremony at the Ida Lewis Yacht Club on Sunday August 23, at 1700 hrs. All participants in the race as well as their families and guests are invited to attend.

10. SCHEDULE OF EVENTS:

THURSDAY, AUGUST 20

1700 – 1800: REGISTRATION
1800: SKIPPER'S MEETING

FRIDAY, AUGUST 21

1400: Harbor Signal from the flagpole at Ida Lewis YC
1500: FIRST WARNING SIGNAL

SATURDAY, AUGUST 22

1900: FINISH LINE PARTY AT IDA LEWIS YACHT CLUB
Members, competitors, friends and family are invited

SUNDAY, AUGUST 23

1700: COCKTAIL PARTY / AWARDS CEREMONY

EVENT ORGANIZERS

Ida Lewis Yacht Club Commodore
Jerry Baum

Ida Lewis Yacht Club Race Committee Chair
Sharon Pavignano

Ida Lewis Distance Race Chairman
Dirk Johnson
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Principal Race Officer
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Head Judge/Safety Officer
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